Contents

Reviewers
Preface
Acknowledgments

UNIT 1

Current Theories and Practice

1. Foundations of Psychiatric-Mental Health Nursing

Introduction

Mental Health and Mental Illness

Diagnostic and Statistical Manual of Mental Disorders

Historical Perspectives of the Treatment of Mental Illness

Mental Illness in the 21st Century

Psychiatric Nursing Practice

Student Concerns

2. Neurobiologic Theories and Psychopharmacology

Introduction

The Nervous System and How It Works

Brain Imaging Techniques

Neurobiologic Causes of Mental Illness

The Nurse's Role in Research and Education

Psychopharmacology

3. Psychosocial Theories and Therapy

Introduction

Psychosocial Theories

Treatment Modalities

The Nurse and Psychosocial Interventions

4. Treatment Settings and Therapeutic Programs

Introduction

Treatment Settings
Psychiatric Rehabilitation and Recovery
Special Populations of Clients with Mental Illness
Interdisciplinary Team
Psychosocial Nursing in Public Health and Home Care

UNIT 2

Building the Nurse-Client Relationship

5. Therapeutic Relationships

Introduction

Components of a Therapeutic Relationship

Types of Relationships

Establishing the Therapeutic Relationship

Avoiding Behaviors that Diminish the Therapeutic Relationship

Roles of the Nurse in a Therapeutic Relationship

6. Therapeutic Communication

Introduction

What Is Therapeutic Communication?

Verbal Communication Skills

Nonverbal Communication Skills

Understanding the Meaning of Communication

Understanding Context

Understanding Spirituality

The Therapeutic Communication Session

Assertive Communication

Community-Based Care

7. Client's Response to Illness

Introduction

Individual Factors

Interpersonal Factors

Cultural Factors

8. Assessment

Introduction

Factors Influencing Assessment

How to Conduct the Interview

Content of the Assessment

Data Analysis

UNIT 3

Current Social and Emotional Concerns

9. Legal and Ethical Issues

Introduction

Legal Considerations

Ethical Issues

10. Grief and Loss

Introduction

Types of Losses

The Grieving Process

Dimensions of Grieving

Disenfranchised Grief

Complicated Grieving

11. Anger, Hostility, and Aggression

Introduction

Onset and Clinical Course

Related Disorders

Etiology

Treatment

Workplace Hostility

Community-Based Care

12. Abuse and Violence

Introduction

Clinical Picture of Abuse and Violence

Characteristics of Violent Families

Intimate Partner Violence

Child Abuse

Elder Abuse

Rape And Sexual Assault

Community Violence

UNIT 4

Nursing Practice for Psychiatric Disorders

13. Trauma and Stressor-Related Disorders

Introduction

Posttraumatic Stress Disorder

Dissociative Disorders

14. Anxiety and Anxiety Disorders

Introduction

Anxiety as a Response to Stress

Overview of Anxiety Disorders

Incidence

Onset and Clinical Course

Related Disorders

Etiology

Treatment

Community-Based Care

Mental Health Promotion

Panic Disorder

Phobias

Generalized Anxiety Disorder

15. Obsessive-Compulsive and RelatedDisorders

Introduction

Obsessive—Compulsive Disorder

16. Schizophrenia

Introduction

Clinical Course

Related Disorders

Etiology

Treatment

Community-Based Care

Mental Health Promotion

17. Mood Disorders and Suicide

Introduction

Categories of Mood Disorders

Related Disorders

Etiology

Major Depressive Disorder

Bipolar Disorder

Suicide

Community-Based Care

Mental Health Promotion

18. Personality Disorders

Introduction

Personality Disorders

Etiology

Treatment

Paranoid Personality Disorder

Schizoid Personality Disorder

Schizotypal Personality Disorder

Antisocial Personality Disorder

Borderline Personality Disorder

Histrionic Personality Disorder

Narcissistic Personality Disorder

Avoidant Personality Disorder

Dependent Personality Disorder

Obsessive-Compulsive Personality Disorder

Community-Based Care

Mental Health Promotion

19. Addiction

Introduction

Types of Substance Abuse

Onset and Clinical Course

Related Disorders

Etiology

Types of Substances and Treatment

Treatment and Prognosis

Community-Based Care

Mental Health Promotion

Substance Abuse In Health Professionals

20. Eating Disorders

Introduction

Overview of Eating Disorders

Categories of Eating Disorders

Etiology

Anorexia Nervosa

Bulimia Nervosa

Community-Based Care

Mental Health Promotion

21. Somatic Symptom Illnesses

Introduction

Overview of Somatic Symptom Illnesses

Etiology

Treatment

Community-Based Care

Mental Health Promotion

22. Neurodevelopmental Disorders

Introduction

Autism Spectrum Disorder

Attention-Deficit/Hyperactivity Disorder

Mental Health Promotion

23. Disruptive Behavior Disorders

Introduction

Related Disorders

Oppositional Defiant Disorder

Intermittent Explosive Disorder

Conduct Disorder

Community-Based Care

Mental Health Promotion

24. Cognitive Disorders

Introduction

Delirium

Dementia

Answers to Chapter Study Guides

Appendix A

Disorders of Sleep and Wakefulness

Appendix B

Sexual Dysfunctions and Gender Dysphoria

Appendix C

Drug Classification under the Controlled Substances Act

Glossary of Key Terms

Index